

YEAR END HAIR AND MAKEUP 2019

HAIRSTYLE - High Sock Bun

1. Gather all hair at the crown of your head (easiest to do this upside down).
2. Comb all hair into place. Please use gel and hair products instead of bobby pins and clips for a clean, slick look.
3. Secure in place with an elastic to match hair color.
4. Research instructions to make a bun that will work well with your hair length and thickness.
 - Thin or short hair we recommend using a sock or doughnut.
 - Medium or long length hair we recommend using a "Whirl-A-Style" bun maker.
 - No hair nets.
 - Please use plenty of bobby pins to secure bun and hairspray for tight, sleek look.
 - There are many tutorials available on Youtube.
 - This bun should not have the "messy" look.
 - Be careful the bun doesn't get too large.



MAKE - UP

We recommend MAC for its great stage quality consistency but you may use other brands.

1. Start with a clean moisturized face.
2. For long days, apply a primer to eye lids to prevent creasing.
3. Apply MAC Studio fix or liquid foundation to the whole face including eyelids. Blend well around the neck and hair line.
4. With a brush, set foundation with a pressed powder.
5. MAC eyeshade "Print" (dark gray) is to be used on the lid.
6. MAC eyeshade "Evening Grey" (silver) is used to blend the shadow upwards into the crease. Leave space between the eyebrow and color.
 - * "Silver Ring" is still acceptable, but has been discontinued by MAC. *
7. Apply a thin eyeliner on the top of lash line (recommended MAC liquid last or Fluid line in black).
8. Wing liquid eyeliner slightly, to match lower lash line.
9. Apply black pencil eyeliner to the waterline.
10. Apply eyelashes with glue right along the lash line. There are many helpful tutorials available online.
 - Recommended is Ardell # 107 however this may change depending on eye shape and size.
 - They can also be purchased from MAC.
11. Join false lashes and real lashes together with black mascara. Follow with mascara only on lower lashes.
12. Apply blush to cheeks with a brush.
13. Line lips with either a clear lip liner or a matching color to the lipstick. This will prevent the color from bleeding.
14. Fill with Russian Red or bright red lipstick.



- Please take the time to practice make up at home. Each student is responsible for their own makeup.

SHOPPING LIST

- Firm hold hairspray
- Firm hold gel
- Hair elastics to match hair colour
- Bobby Pins
- Doughnut or Whirl
- Smoothing brush or comb

- Foundation to match skin tone
- Pressed Powder to match skin tone
- Blush
- Silver eye shadow (Evening Grey or Silver Ring by MAC)
- Dark gray eye shadow (Print by MAC)
- Black fluid line eye liner
- Black pencil eye liner
- Black Mascara
- False eyelashes
- Russian Red Lipstick MAC
- Rhinestone earring